Clearlight

INFRARED™ SAUNAS
RELAX · REVITALISE

PRODUCT CATALOGUE

INFRARED SAUNA DESIGN AND MANUFACTURING
20 YEARS OF EXCELLENCE – FOR YOUR HEALTH

Clearlight

INFRARED™ SAUNAS
RELAX · REVITALISE

"GIVE ME POWER TO CREATE A FEVER,
AND I SHALL CURE ANY DISEASE."

- HIPPOCRATES 400 BC (FATHER OF WESTERN MEDICINE)

Clearlight

Take a break and enjoy the benefits of infrared therapy in the comfort of your own home.
Your infrared sauna will make you feel relaxed, rejuvenated and improve your overall health.

JUST RELAX

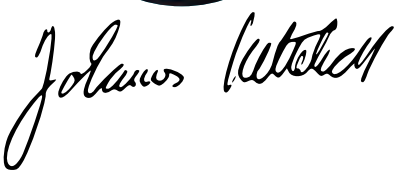
I would like to invite you to take a few moments to read through the following pages and learn about our sauna models and infrared saunas in general. We believe in a philosophy of “people before profit” and strive to continuously improve our products and service. We go that extra mile to stay on the cutting edge of technology and drive groundbreaking innovation.

There are already more than 40,000 people and commercial customers worldwide that own a Clearlight® infrared sauna. Choose one of our attractive models and enjoy the benefits of your own Clearlight® sauna – your wellbeing is not only important to us but the main focus of our work. Our team regularly uses our saunas because we truly believe in their healing powers. You can be sure that we will never sell you something that we won’t use ourselves.

An investment in an infrared sauna is an investment in your health and wellbeing. We understand that you probably have many questions and, of course, a catalogue cannot answer all of them. That is why we have a trained team of infrared sauna enthusiasts, who will gladly answer all your questions and advise you before, during and after your purchase.

We are always happy to hear from you and wish you a most enjoyable read.

Stay healthy
CEO, Johannes Kettelhodt



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WHAT WE ARE ABOUT

Team Clearlight® – The Founders Of Clearlight® International

As health enthusiasts, it was inevitable that Sebastian Mierau and Johannes Kettelhodt would one day found a company that complements their passion for wellness.

In fact, it was during one of Sebastian's regular visits to health conferences in the United States, that he met the Clearlight® US sauna team and fell in love with the product — as much as with the people behind it.

Partnering up with his friend and former colleague, Johannes, Clearlight® International was soon founded in 2014 with distribution across Europe, Australia, New Zealand and the South Pacific. Their vision was to create a company that shares the same values that are at the heart of Clearlight US: one which focuses on the customer first and foremost, healing the body, and having a positive impact on people's day.

None of this would be possible without the work and dedication of Dr. Raleigh Duncan, founder and president of Clearlight® Saunas US.

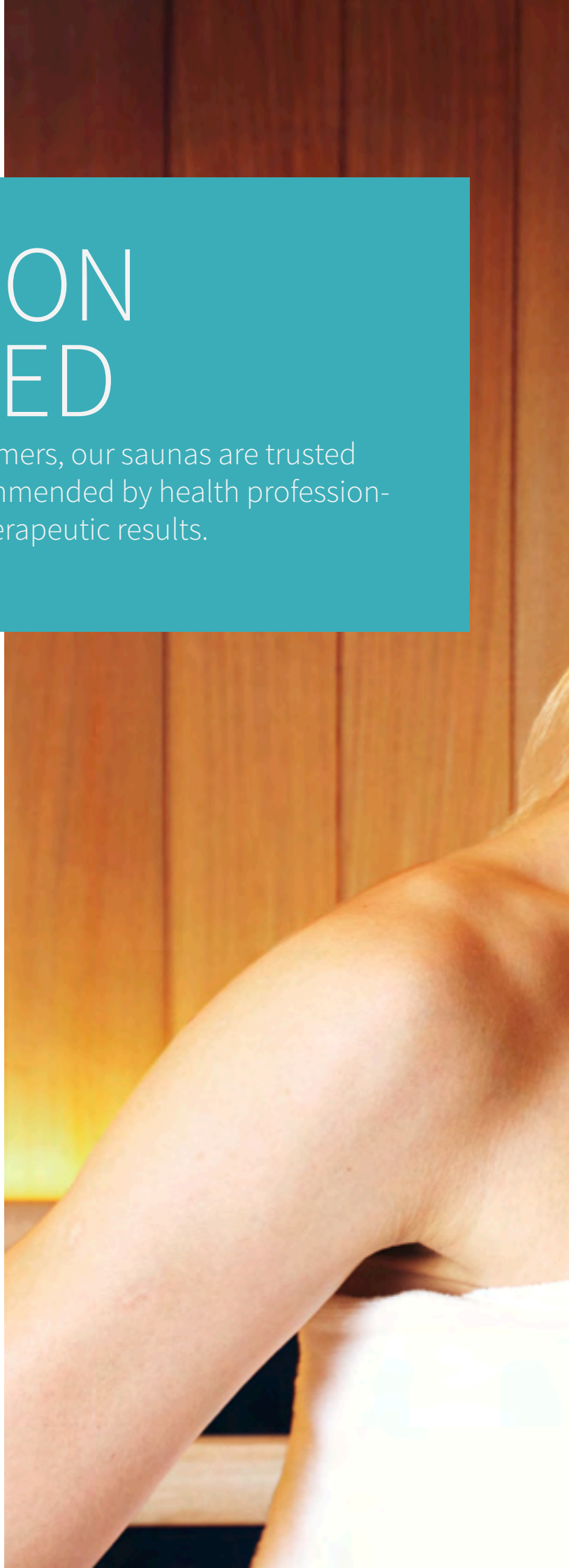
For 20 years Dr. Duncan focused his attention on research into infrared therapy, this coupled with his many years of experience as a Doctor of Chiropractic can be felt in every Clearlight® Sauna model.

Nine years ago Dr. Duncan invented the first low-EMF infrared heater, which created an awareness of the risks related to high EMF exposure in the sauna industry. The result of his work and dedication are our True WaveTM far infrared and full spectrum infrared heaters that were designed, tested and approved by Dr. Duncan. Over the years, thousands of customers can testify to the effectiveness of the infrared heaters in their Clearlight® Sauna.

Dr. Raleigh Duncan
Clearlight® USA

SATISFACTION GUARANTEED

With more than 40,000 satisfied customers, our saunas are trusted and used around the world and recommended by health professionals because they deliver incredible therapeutic results.



We never compromise on health, safety or comfort, which means no matter which range you choose, using one of our saunas on a regular basis will leave you feeling energised and refreshed. Now you too can experience what professional athletes and health experts all over the world already know. With more than 20 years of experience, we've taken the time to perfect our sauna technology, so we are sure we have got a sauna to suit every need.

REASONS TO CHOOSE CLEARLIGHT® SAUNAS

State of the art True Wave™ heater technology

The most powerful full spectrum heaters on the market

360° infrared heat to surround your core

Zero EMF and low ELF technology

Energy and cost efficient

100% non-toxic materials

Lifetime warranty on residential saunas

Designed for easy home assembly

CLEARLIGHT® INFRARED SAUNA FEATURES

People often ask us what makes Clearlight® different to other brands. The biggest difference lies in our technology.

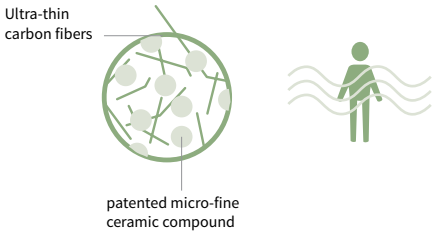
State of the art True Wave™ heater technology

Not all infrared sauna heaters are the same.

Carbon heaters produce high quality, long wave infrared heat, but the problem is they do not produce a lot of infrared heat. Ceramic heaters are powerful and emit a lot of infrared heat, but the wavelength tends to be shorter, thus less therapeutic. By combining the two technologies and materials, we allow our heaters to produce long wave infrared heat with a very high infrared output – a healing infrared heat that is unmatched. The position of the heaters in the sauna is of great importance, ours are carefully positioned in the sauna to ensure the optimum health experience.

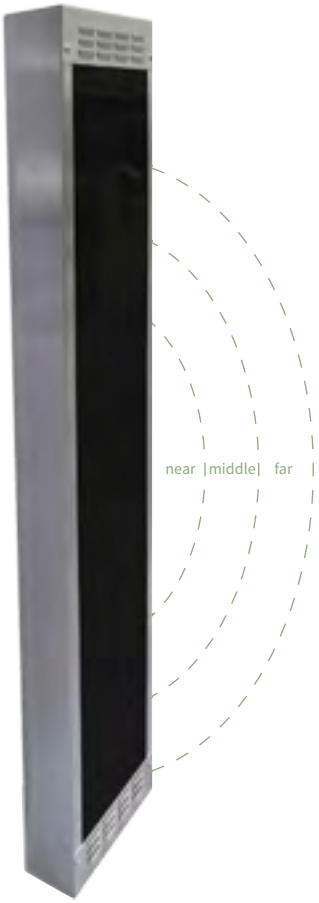
What is high quality infrared?

The key thing to remember is that it is not the temperature that gives the positive health benefits, it is the wavelengths and how much infrared that is emitted and passes into the body. With our True Wave™ far infrared heaters your body readily absorbs the healthy infrared heat deep into the body. The human body absorbs the most infrared at wavelengths between 7-14 microns, which is very close to the resonant frequency of a water molecule. This similarity makes sense since our bodies are almost 70% water. Our far infrared heaters mostly produce wavelengths between 9-10 microns, allowing for performance within the vital wave range, which means maximum absorption and more health benefits for you, faster.



Why do we use panel emitters?

Throughout the entire design and testing process to ensure quality, safety and results, we work with doctors to develop our patented panel emitters that are used in all of our infrared saunas. Most infrared saunas feature "element type" heaters (e.g. tube emitters), which only heat partial areas and do not allow you to change your sitting position. The key to infrared therapy – in addition to a comfortable sitting position for relaxation – is heating your body directly and total coverage of the core of your body.

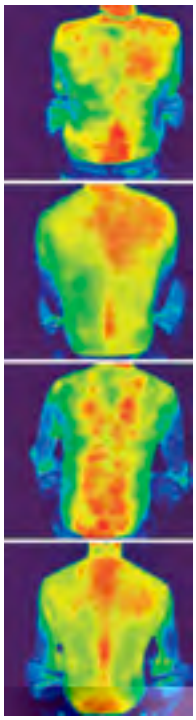


The most powerful full spectrum heaters on the market

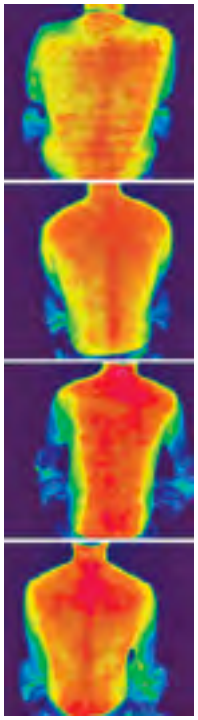
All Clearlight Sanctuary Sauna models include our True Wave™ Full Spectrum infrared heater technology. Take advantage of the entire infrared spectrum and intensify the benefits of our far infrared heaters.

360° infrared heat to surround your core

All our saunas have heaters on the front, back and side walls as well as underneath the bench and under the floor, heating your body from every direction. This heater set-up surrounds your body and targets your core, rather than heating the sauna cabin air.



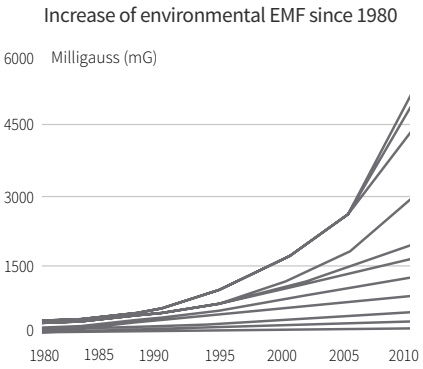
Other infrared heaters



Our True Wave™ infrared heaters

Zero EMF and low ELF technology

As a leading wellness company, your health and safety are our number one focus. Therefore, Clearlight infrared saunas are the only infrared saunas that cancel out both EMF (electromagnetic fields) and ELF (extremely low frequency).



Energy and cost efficient

Our saunas are amongst the most energy and cost efficient out there. They have been designed to run off the household mains, typically one of our infrared saunas costs between £0.30 - £0.50 per hour. The saunas are virtually maintenance free and come with a lifetime warranty.

100% non-toxic materials

All our saunas use only non-toxic, water-based glues and varnishes, and the eco certified solid wood frame is healthier for you than plywood frames, which emit toxic fumes when heated.

Lifetime warranty

Your Clearlight infrared sauna purchase is a once in a lifetime investment to help maintain a healthy lifestyle. We paid close attention to every detail to ensure the highest quality sauna available and we back these words with our exclusive lifetime warranty on the entire sauna — this covers the wood cabin, heaters, controls and even the audio system.

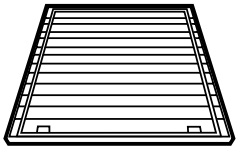
Designed for easy assembly

It should take two adults no more than two hours to complete and you do not need to hire in any expensive tradesmen to help.

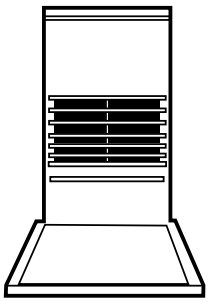
Our saunas use a simple tongue and groove construction, allowing for each piece to easily slot together, these are then locked in place with metal buckles. The sauna comes pre-wired so you will just need to connect the cables as instructed in the easy to follow manual.

5 STEPS TO YOUR INFRARED SAUNA

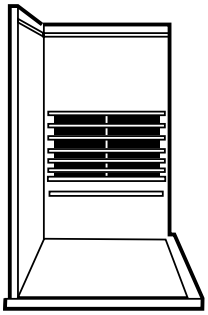
Assembly time: 60 - 120 minutes (depending on sauna model)



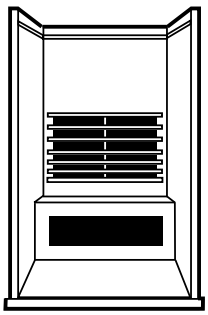
Floor panel:
approx. 15 min



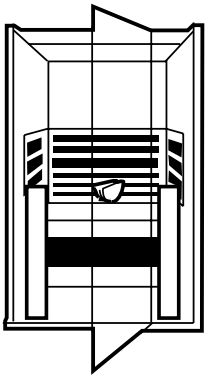
Back panel:
approx. 15 min



Side walls:
approx. 15 min



Bench:
approx. 15 min



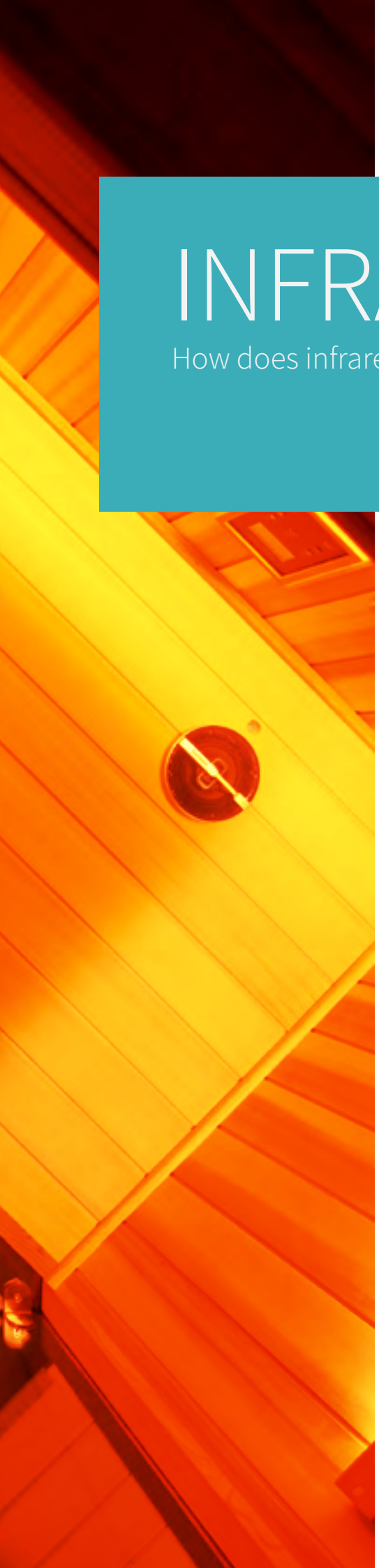
Door and roof:
approx. 15 – 30 min

Technical advantages

- High emissivity
- State of the art technologies
- Safe sauna sessions

Physiological advantages

- Raises core body temperature
- Whole body therapy
- Feels natural to the body



INFRARED

How does infrared work – and what is infrared radiant heat?

We have all experienced the following: It's a partly cloudy day and you are outside and it feels cool. All of a sudden the clouds move out of the way of the sun and a rush of warmth comes over you. This warm feeling is the far infrared band of sunlight warming your body. The far infrared band is part of the sun's invisible spectrum of light. This band of light has the ability to penetrate our skin and warm our bodies directly.

Those in the know in the healthcare industry have long recommended infrared therapy and infrared heat lamps, however the lamps were cumbersome, extremely hot and difficult to maintain at a constant temperature. Infrared technology has made considerable progress and today many healthcare professionals use infrared heaters to treat a variety of diseases throughout the world.

The infrared rays penetrate your skin and the body tissue absorb these rays, this increases the temperature of the body and stimulates the cardio, lymphatic, immune and circulatory systems promoting a range of health benefits. It's a relaxing and enjoyable way to take control of your own health.

The far infrared heat produced by your Clearlight Sauna is totally safe, our heaters emit none of the harmful rays produced by sunlight, just natural healing heat. In fact, this heat is so safe that is it used in hospitals to keep newborns warm.

In an infrared sauna, the quality of the infrared heat is the most important factor in determining the benefits you will receive from that sauna. By combining carbon fibers and a ceramic compound in one heater, we have found through extensive research, that this will deliver the optimal wavelength to provide the best health benefits to you.

Optimal wavelengths with optimal intensity

INFRARED THERAPY

The therapeutic benefits of infrared heat are our main focus, the infrared heat penetrates your skin and warms your body directly.

We offer far infrared saunas as well as full spectrum saunas. “Full spectrum” refers to the entire infrared spectrum: near infrared, mid infrared and far infrared. With the addition of near and mid infrared, you will get the maximum benefit from your Clearlight® sauna.

NEAR INFRARED is the shortest wavelength, and will be absorbed just below the surface of the skin creating a sweat that promotes healing and revitalisation.

MID INFRARED is a longer wavelength that can penetrate deeper into the body’s soft tissue increasing circulation and releasing oxygen to reach injured areas.

FAR INFRARED is the longest wavelength and best absorbed by our body. It penetrates the fat cells and causes the water molecules to vibrate, this in turn mobilises the toxins so that your body can expel them, resulting in the greatest levels of detoxification. Another benefit is the stimulation of your metabolism, which further aids in weight-loss and increasing your health and wellbeing.

Why is infrared heat better than traditional saunas?

The key thing to remember is that it is not the temperature that gives the positive health benefits, it is the wavelengths and how much infrared that is emitted and passes into the body.

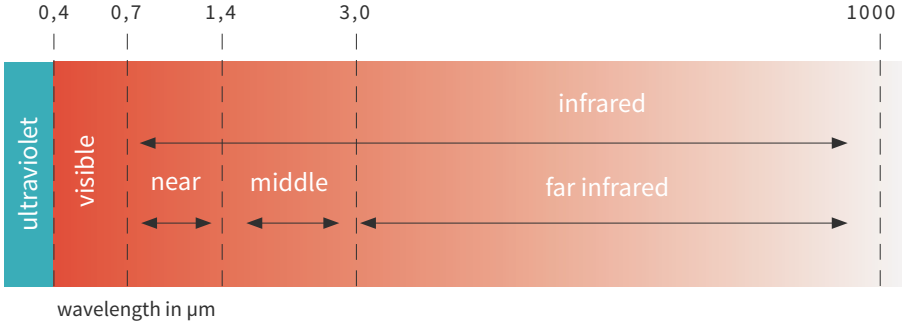
Traditional saunas raise the temperature of the air to a very high level within the chamber to warm the body. When you are sitting in a traditional sauna, you are sitting in a hot room of 70°C -105°C, which can be unnecessarily uncomfortable, as some people have difficulty breathing in this extremely warm air.

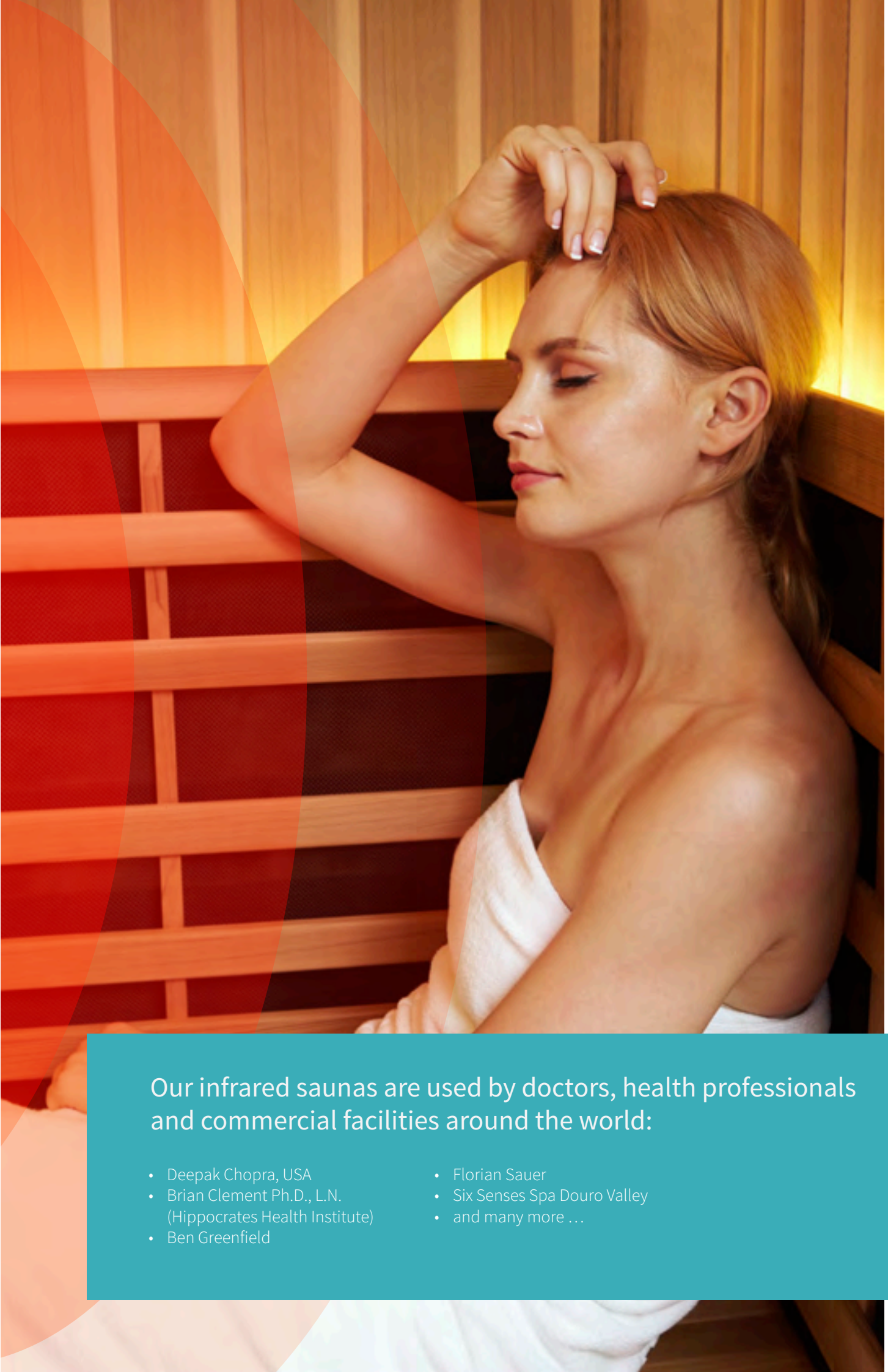
Far infrared saunas work differently, instead of heating the air within the chamber, far infrared saunas heat the body directly. In your Clearlight far infrared sauna, only about 20% of the energy is used to heat the air, leaving 80% of the energy to directly heat your body, the result is deeper tissue penetration.

The radiant heat can penetrate deep below the skin producing a gentle warming inside the body the warming effect on your body stimulates your cardiovascular system, your immune system and your lymphatic system. Your body’s response to that is to sweat. In a far infrared sauna, the body perspires and receives all of the healthy benefits but avoids the harmful and extremely hot air of a traditional steam sauna. The temperature inside our infrared saunas is adjustable, with a comfortable range from 30°C to 60°C. These lower temperatures allow you to sweat faster and to tolerate a longer sauna session offering greater therapeutic benefit. Infrared saunas leave you feeling invigorated, not depleted like conventional saunas.

Additionally, conventional saunas do not provide effective levels of detoxification, as this is mainly achieved by far infrared.

Overview: infrared spectrum





Our infrared saunas are used by doctors, health professionals and commercial facilities around the world:

- Deepak Chopra, USA
- Brian Clement Ph.D., L.N. (Hippocrates Health Institute)
- Ben Greenfield
- Florian Sauer
- Six Senses Spa Douro Valley
- and many more …

A PART OF A HEALTHY LIFESTYLE

Creating a balanced healthy lifestyle can consist of many things, one of those could be a regular infrared sauna session. Your Clearlight® far infrared sauna is completely safe and produces the same far infrared heat that is emitted by the sun. All living things on earth require far infrared heat to reach optimum health.

Western medicine is very good at alleviating symptoms and treating ailments, but we also believe that prevention is better than cure. Through our extensive research we have seen the positive impacts that infrared saunas can have and we hope to make this a part of people's everyday life.

Today we are more aware than ever of our own health. Often you can recognise a healthy person, they seem to radiate an unspoken, positive energy – physically, emotionally and mentally – that immediately draws us towards them, this is generated through feeling healthy from the inside.

INFRARED THERAPY CAN HELP TO …

… improve the appearance of skin and cellulite

The quest for youthful looking skin can take many forms, one solution is infrared saunas which can help to reduce the signs of wrinkles and acne, as well as increase softness, elasticity and firmness to your skin. The profuse sweating after just a few minutes in your Clearlight sauna increases blood circulation and draws your skin's own natural nutrients to the surface.

… reduce stress and fatigue

Regular use of infrared saunas has been proven to help reduce stress, the soothing heat engages the body's autonomic system which heals and nourishes the body. The time taken in the sauna is also good 'me time', to allow your mind to clear and truly relax.

… ease muscle pain, arthritis, joint pain and stiffness

Clearlight Infrared Saunas are a great remedy for easing fatigue to muscles and joints after exercise or a long day at work. The warmth will also help to ease joints, reducing inflammation and stiffness, allowing for a relaxing recovery.

… improve cardiac health and lower blood pressure

Anything you can do to keep your blood pressure in the healthy range reduces your chance of heart attack and stroke. Various studies have shown that sauna therapy reduces systolic blood pressure because the heat dilates blood vessels and reduces the volume of the inner lining of the vessels, promoting healthy blood pressure.

… detoxify

You get a more cleansing sweat with an infrared sauna than the regular ones, Infrared wavelengths mobilise toxins and metals stored deep within cells and helps your body release them through your sweat. Infrared saunas can help you sweat out metals such as lead, mercury, nickel, and cadmium as well as alcohol, nicotine, sulfuric acid, and other organic and inorganic compounds.

… improve the immune system

Medical experts found that direct exposure to the warming heat of a sauna can increase the white blood cells that keep our immune systems in good shape to remain fighting fit. The deep heating True Wave™ infrared heaters will raise your core body temperature, activating the body's natural mechanism to strengthen and accelerate the immune response. This enhanced immune system, combined with improved elimination of toxins and wastes via intense sweating, increases your overall health and resistance to disease.

… increase metabolism, burn calories and lose weight

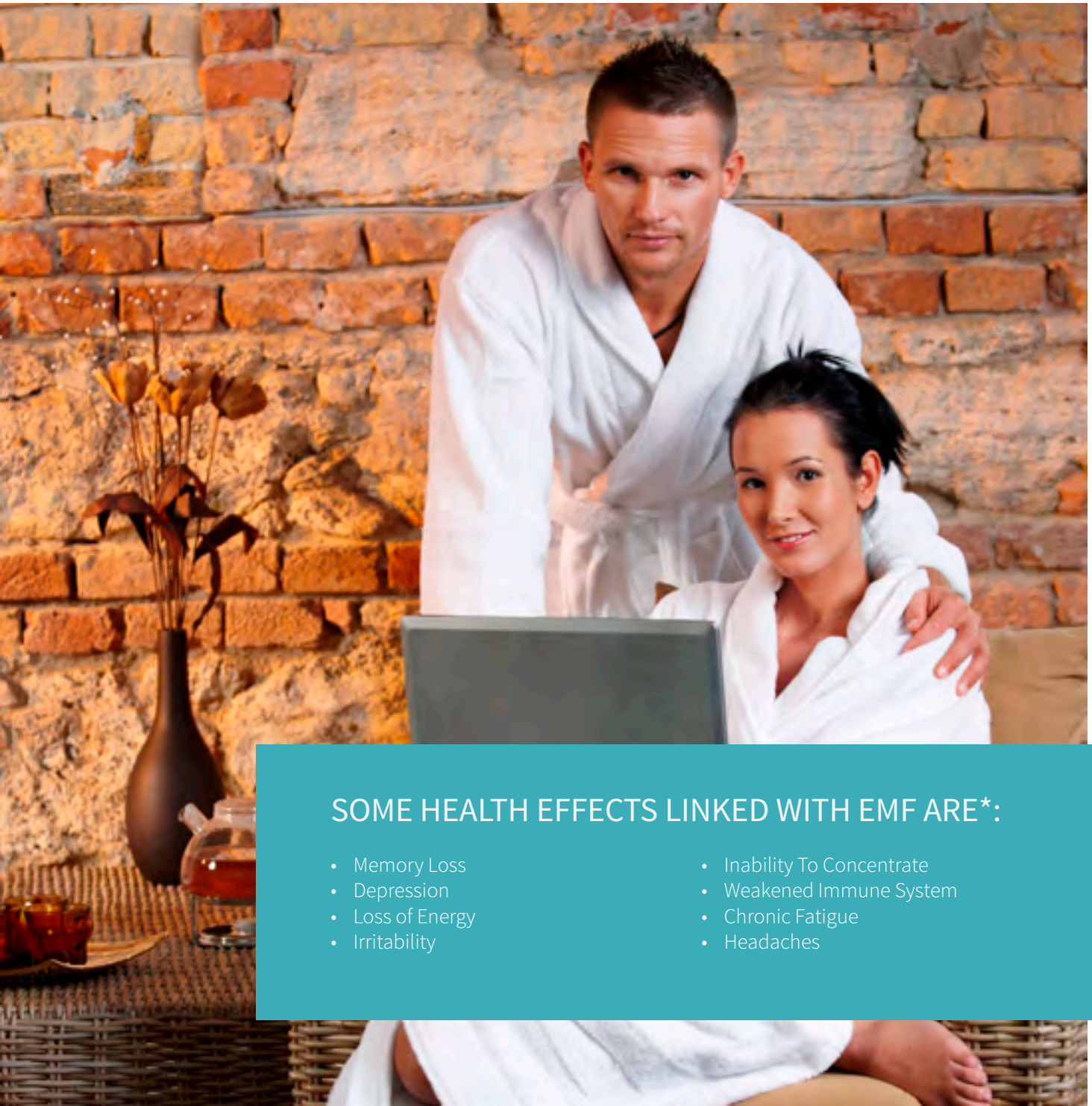
Taking a sauna gets your heart rate and cardio system going and increases the metabolism, it is similar to if you were having a jog for half an hour. So that means you can burn those calories and enjoy the weight loss benefits whilst relaxing at home. Infrared saunas are also an effective way of reducing cellulite.

*turquoise box: Journal of Chemical Neuroanatomy 2016 Sep;75(Pt B):43-51

VIRTUALLY ZERO EMF

Electromagnetic Fields (EMF) are energy waves with frequencies below 300 hertz or cycles per second. Extremely low frequencies (ELF) are the electric fields with frequencies from 3 to 30 hertz. Clearlight infrared sauna models are the only infrared saunas that cancel out both EMF and ELF. Our low EMF levels are individually tested and certified by VitaTech Electromagnetics to ensure our saunas are 100% safe. The EMF levels emitted by a Clearlight Infrared Sauna are virtually 0mG and thereby far below the threshold of concern.

In our everyday life, we come into contact with electromagnetic fields through many sources such as power lines, radar and microwave towers, television and computer screens, microwave ovens, mobile phones, electric blankets and hundreds of other common electrical devices. The levels of electromagnetic fields (EMF) from human-made sources have increased steadily over the past 50 to 100 years. In the past few decades, potential adverse effects from EMF exposure on human health have been an important topic of research.

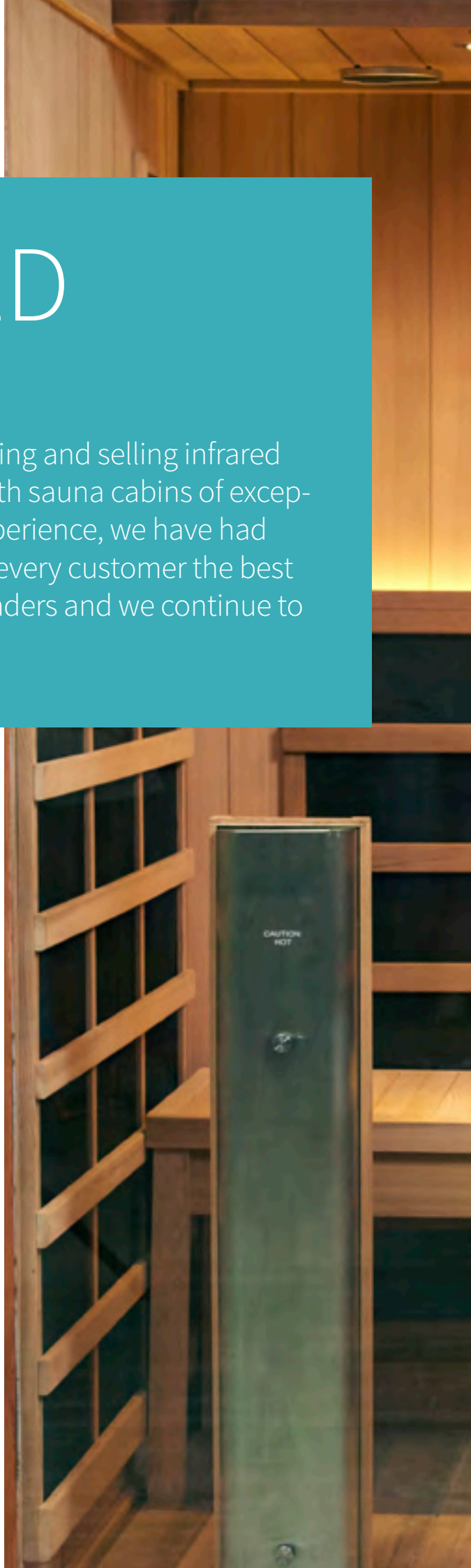


SOME HEALTH EFFECTS LINKED WITH EMF ARE*:

- Memory Loss
- Depression
- Loss of Energy
- Irritability
- Inability To Concentrate
- Weakened Immune System
- Chronic Fatigue
- Headaches

OUR INFRARED SAUNAS

With over 20 years of experience in manufacturing and selling infrared saunas, our aim is to provide our customers with sauna cabins of exceptional quality. Through these many years of experience, we have had time to develop our sauna technology to offer every customer the best experience possible. Our saunas are market leaders and we continue to strive to an even higher standard.



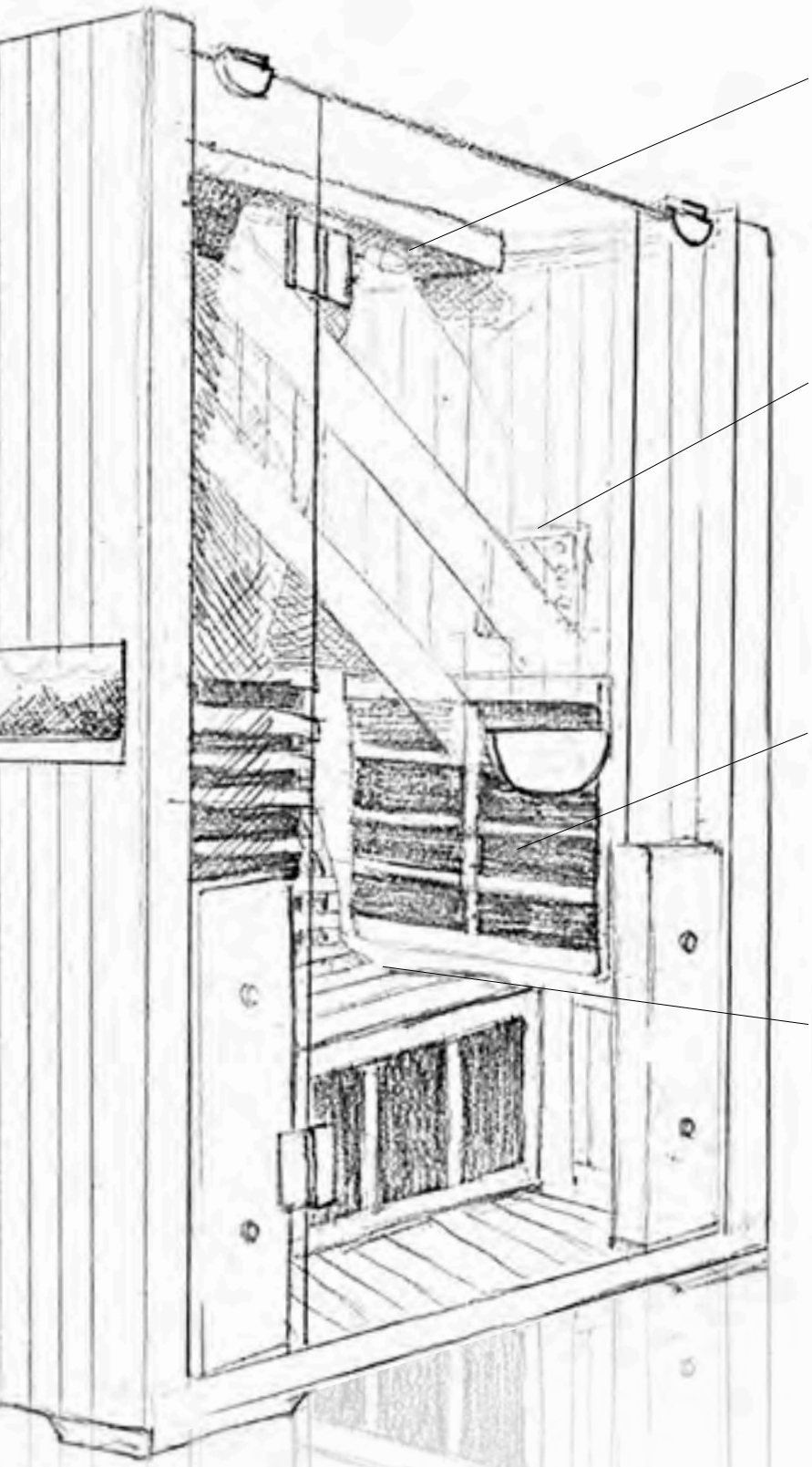
At Clearlight Infrared Saunas we want to help our customers to lead healthy active lives, and hope that with every sauna experience you feel rejuvenated and ready to take on the day. With our 20 years of expertise, our saunas are developed using the latest scientific research that ensures you receive the best in infrared technology.

Combine that with our passion for innovative design and you have saunas that are intuitive, safe and can seamlessly fit into your home, both indoors and outdoors.

CAUTION
HOT

FULLY EQUIPPED

Clearlight® infrared saunas are designed with your wellbeing in mind and meet your every need.



DESIGN

- Innovative design
- Ergonomically designed to ensure the highest levels of form and functionality
- Eco-certified, Grade “A” Cedarwood or Nordic Spruce
- Great attention to detail

TECHNOLOGICAL APPLIANCES

- Digital control system for temperature, time, chromotherapy and reading light
- Energy-efficient LED lights
- Connect to built in speakers with blue-tooth or AUX*
- Underfloor heating

HEATERS

- Fitted with our proprietary True Wave™ carbon ceramic heaters
- High output of healing far infrared wavelengths
- Unmatched low EMF/ELF technology

COMFORT

- Medically designed ergonomic bench and backrest
- 360° heat to surround your core
- Remote control via app*

ALL GOOD THINGS COME IN THREES

Clearlight Infrared Saunas offer three attractive and distinct ranges to rejuvenate body & soul

Everybody is different, so we offer variety, you can choose from our modern Clearlight® Sanctuary™ full spectrum infrared models, or our classically-crafted Clearlight® Essential™ or Premier™ far infrared models. All of our sauna models have been carefully designed and built to maximise functionality so they fit into your own environment. We feel it is the minimum requirement to use the safest components and circuitry, highest quality of wood and non-toxic materials, built with the finest craftsmanship creating afurniture quality finish.

ESSENTIAL

- ✓ True Wave™ far infrared heaters
- ✓ Low EMF/ELF
- ✓ Never Fail™ digital keypad
- ✓ Bluetooth/MP3/AUX sound system*
- ✓ Classic wood roof
- ✓ Standard chromotherapy
- ✓ Full lifetime warranty

PREMIER

- ✓ True Wave™ far infrared heaters
- ✓ Low EMF/ELF
- ✓ Never Fail™ digital keypad
- ✓ Bluetooth/MP3/AUX sound system*
- ✓ Classic wood roof
- ✓ Standard chromotherapy
- ✓ Deep reversible ergonomic/flat bench (56 cm)
- ✓ Full lifetime warranty

SANCTUARY

- ✓ True Wave™ far infrared heaters
- ✓ True Wave™ full spectrum near/mid/far infrared heaters
- ✓ Low EMF/ELF
- ✓ Never Fail™ digital keypad
- ✓ Bluetooth/MP3/AUX sound system*
- ✓ IOS/Android app control*
- ✓ Modern glass roof
- ✓ Medical grade 96 LED lights chromotherapy with 12 colour sequence and remote control
- ✓ Full lifetime warranty

DIY: INFRARED SAUNA KITS & HEATERS

We now offer our state-of-the-art True Wave™ low EMF heaters as a kit so you can build your own infrared sauna or convert your existing infrared sauna. Give us a call or send an email and we will customise the kit for your room and needs.

Telephone: **+33(0)758723032** Email: **kenny@clearlight-saunas.eu**

*can be deactivated

Clearlight
INFRARED

ESSENTIAL

Classic sauna cabins combined with state-of-the-art technology

ESSENTIAL 1
ESSENTIAL 2
ESSENTIAL 3
ESSENTIAL 4

The Clearlight Essential sauna range delivers maximum therapeutic benefit at an affordable price, combining a classic design with our cutting edge infrared technology.

ESSENTIAL 1

1

100 x 112 x 195 cm*

230 V / 1,410 W / 6 A

Nordic Spruce

148 kg

360° heat

Bluetooth / AUX**

Digital dual control

Our Nordic Spruce cabins are the perfect combination of classic design and modern technology:
All Essential cabins are made from eco-certified wood and come fully equipped with a pre-installed music system and our unique far infrared heaters. Providing the perfect place to relax and soak up the healing infrared heat.

*Outer dimensions WxDxH, bench: 89 cm x 51 cm; **can be deactivated

ESSENTIAL 2

- 1-2
- 127 x 112 x 195 cm*
- 230 V / 1,750 W / 8 A
- Nordic Spruce
- 175 kg
- 360° heat
- Bluetooth / AUX**
- Digital dual control

*Outer dimensions WxDxH, bench: 115 cm x 51 cm; **can be deactivated

ESSENTIAL 3

1-3

155 x 112 x 195 cm*

230 V / 1,850 W / 8 A

Nordic Spruce

193 kg

360° heat

Bluetooth / AUX**

Digital dual control

*Outer dimensions WxDxH, bench: 142 cm x 51 cm; **can be deactivated

ESSENTIAL 4

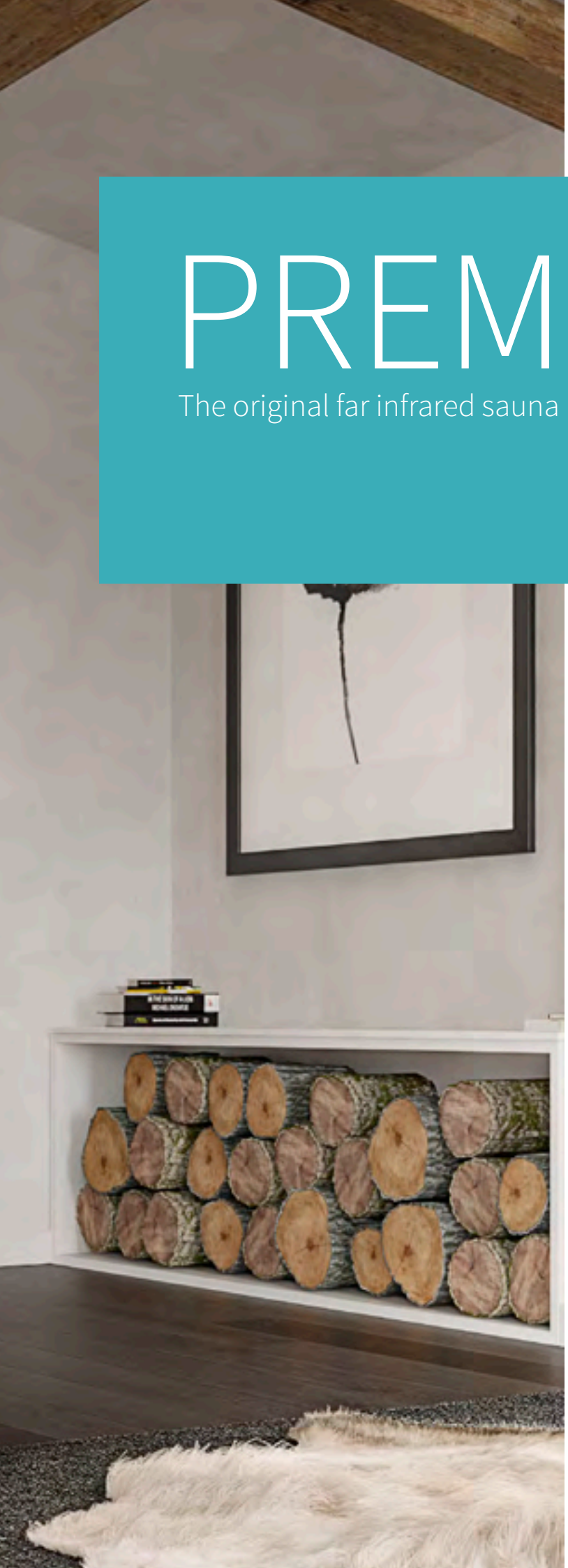
- 1-4
- 155 x 72 + 127 x 195 cm*
- 230 V / 2,000 W / 9 A
- Nordic Spruce
- 216 kg
- 360° heat
- Bluetooth / AUX*
- Digital dual control

Tell us your spec

No matter how much space you have – we have the perfect solution, whether you want a rectangular or a corner cabin, if it is for one person or up to four people. Each cabin offers a high level of comfort, enhanced by our ergonomically designed movable backrests

*Outer dimensions WxDxH, bench: 148 cm x 51 cm; **can be deactivated

Clearlight
INFRARED™ by Sauna Works



PREMIER

The original far infrared sauna

PREMIER 1

PREMIER 2

PREMIER 3

PREMIER 5

PREMIER C

Our Premier cedarwood saunas have been our main sauna line for the last 20 years, with a timeless look and high quality construction, this sauna really is unmatched and perfect for use at home or as a part of your offering to customers.

PREMIER 1

1

102 x 112 x 193 cm*

220-240 V / 1,100 W / 4.5 A

Cedar wood

148 kg

360° heat

Bluetooth / AUX**

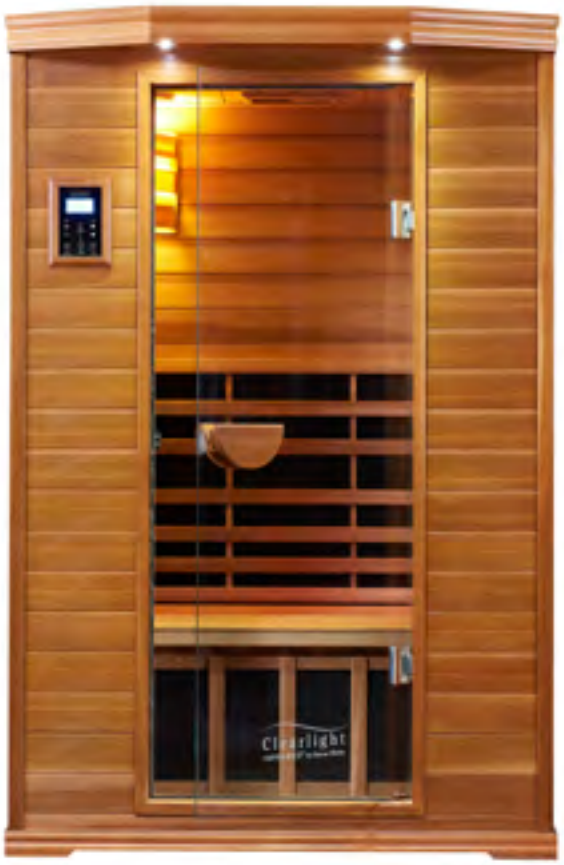
Ergonomic backrest

Digital dual control

Our Premier models come fully equipped:

Our cabins come fully equipped to ensure maximum comfort and effectiveness, with our patented hybrid carbon - ceramic heaters, fitted curved backrest and an extra deep bench, both designed by Dr Duncan, a chiropractor. You can relax whilst you listen to your perfect musical mix on our top of the range music system.

*Outer dimensions WxDxH, bench: 84 cm x 56 cm; **can be deactivated



PREMIER 2

- 2
- 127 x 112 x 193 cm*
- 220-240 V / 1,750 W / 8 A
- Cedar wood
- 168 kg
- 360° heat
- Bluetooth / AUX**
- Ergonomic backrest
- Digital dual control

*Outer dimensions WxDxH, bench: 109 cm x 56 cm; **can be deactivated

PREMIER 3

3

155 x 112 x 193 cm*

220-240 V / 1,850 W / 8 A

Cedar wood

193 kg

360° heat

Bluetooth / AUX**

Ergonomic backrest

Digital dual control

*Outer dimensions WxDxH, bench: 137 cm x 56 cm; **can be deactivated

PREMIER 5

- 2 - 5
- 211 x 124 x 193 cm*
- 240 V / 2,990 W / 12.5 A
- Cedar wood
- 318 kg
- 360° heat
- Bluetooth / AUX**
- Ergonomic backrest
- Digital dual control

Enjoy the fine cedar fragrance while relaxing in your Premier 5-person cabin. The flat bench can be converted into a comfortable recliner bench in just a few seconds.

*Outer dimensions WxDxH, benches: 188 cm x 56 cm, 51 cm x 51 cm; **can be deactivated

PREMIER C

3 - 4

155 x 86 + 97 x 193 cm*

220-240 V / 2,000 W / 9 A

Cedar wood

216 kg

360° heat

Bluetooth / AUX**

Ergonomic backrest

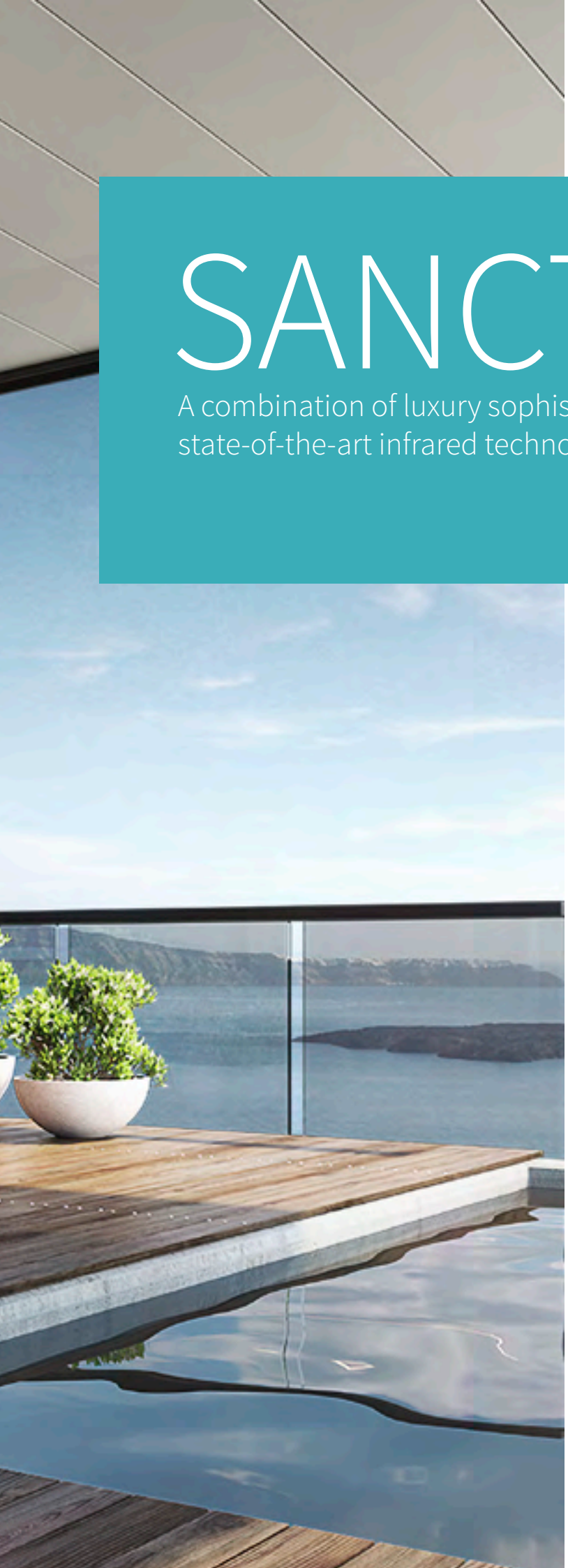
Digital dual control

*Outer dimensions WxDxH, benches (2): 142 cm x 56 cm; **can be deactivated

»... JUST A NOTE TO SAY WE ARE THRILLED WITH OUR SAUNA ... SO EASY TO ASSEMBLE AND INCREDIBLY WELL MADE. I COULDN'T RECOMMEND YOUR COMPANY ENOUGH. THANKS FOR YOUR GREAT SERVICES.«

— JULIE (UK)

Clearlight
INFRARED by Sauna Works



SANCTUARY

A combination of luxury sophisticated design and state-of-the-art infrared technology

SANCTUARY 1

SANCTUARY 2

SANCTUARY 3

SANCTUARY C

SANCTUARY YOGA

Our Sanctuary saunas couple innovation with a distinct design aesthetic, making for a spacious open feel. Fitted with powerful full spectrum technology, this sauna offers therapeutic levels of near, far and mid infrared heat to relax, heal, and invigorate.

SANCTUARY 1

1

109 x 122 x 196 cm*

220 - 240 V / 1,750 W / 8 A

Cedar wood

193 kg

360° heat

Bluetooth / AUX**

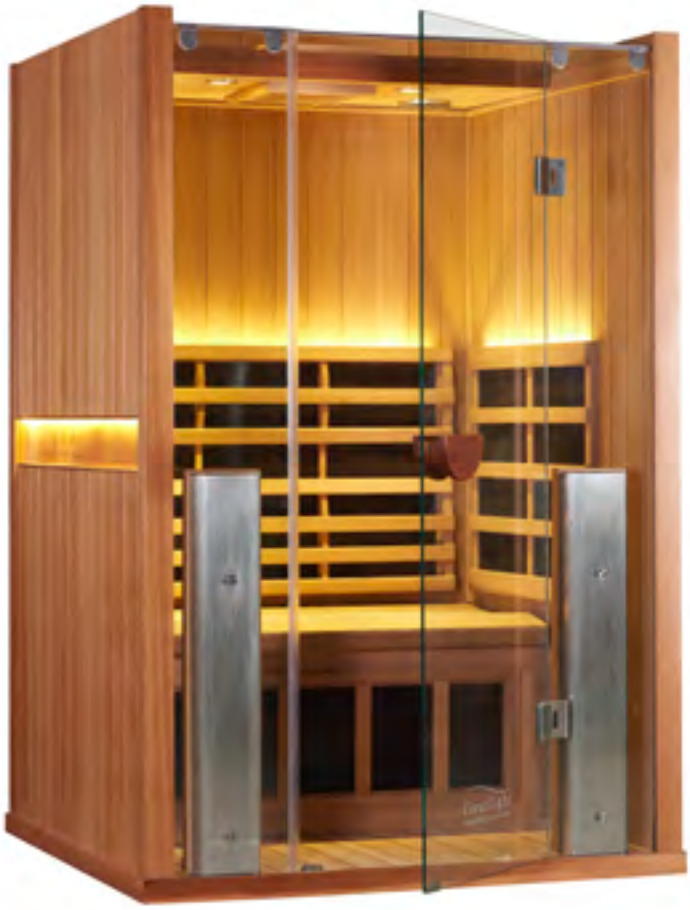
Medical grade 96 LED lights chromotherapy

iOS/Android app control**

Choose the best place for your infrared sauna:

Our sauna cabins are designed to fit anywhere within your home, be it the lounge, bathroom or in your basement. With your Clearlight Sanctuary sauna, you can bring a piece of relaxing luxury into your home.

*Outer dimensions WxDxH, bench: 97 cm x 56 cm; **can be deactivated



SANCTUARY 2

- 2
- 132 x 122 x 196 cm*
- 220 - 240 V / 2,250 W / 10 A
- Cedar wood
- 204 kg
- 360° heat
- Bluetooth / AUX**
- Medical grade 96 LED lights chromotherapy
- iOS/Android app control**

Just as comfortable:
Like our Premier models, our Sanctuary sauna cabins are equipped with integrated ergonomic backrests and reversible ergonomic/flat benches.

*Outer dimensions WxDxH, bench: 119 cm x 56 cm; **can be deactivated

SANCTUARY 3

- 3
- 180 x 122 x 196 cm*
- 220 - 240 V / 2,800 W / 12 A
- Cedar wood
- 263 kg
- 360° heat
- Bluetooth / AUX**
- Medical grade 96 LED lights chromotherapy
- iOS/Android app control**

Timed to perfection:
With our intuitive tablet and smartphone app, you can control your sauna remotely from anywhere, so it is ready exactly when you are. This feature is very popular, but can also be deactivated upon request.

*Outer dimensions WxDxH, bench: 168 cm x 56 cm; **can be deactivated

SANCTUARY C

- 3 - 4
- 180 x 97 + 119 x 196 cm*
- 220 - 240 V / 3,220 W / 13.5 A
- Cedar wood
- 290 kg
- 360° heat
- Bluetooth / AUX**
- Medical grade 96 LED lights chromotherapy
- iOS/Android app control**

*Outer dimensions WxDxH, bench (2): 168 cm x 56 cm; **can be deactivated

SANCTUARY YOGA

1 - 4

193 x 152 x 196 cm*

220 - 240 V / 3,360 W / 14 A

Cedar wood

324 kg

360° heat

Bluetooth / AUX**

Medical grade 96 LED lights chromotherapy

iOS/Android app control**

If you want more from your infra-red sauna then read on

The Sanctuary Yoga is a unique sauna model that allows the flexibility to adapt to your own lifestyle choices. If you want to use the sauna to practise yoga or other exercise workouts, then this space can work too. The Sanctuary Yoga model includes two removable benches so you can easily create an open space for workouts, stretching or yoga. Whether you are sitting in relax mode or holding the perfect warrior two, the Clearlight full spectrum heat will warm and detoxify your body. With both benches inside, the sauna cabin can accommodate up to four people.

*Outer dimensions WxDxH, bench (2): 89 cm x 56 cm; **can be deactivated

Clearlight

Clearlight

OUTDOOR

The first Clearlight® infrared sauna for outdoor use

OUTDOOR 2

OUTDOOR 5

Most infrared saunas are not designed specifically for outdoor use and cannot withstand wet or cold weather. We have developed our Clearlight® infrared Sanctuary Outdoor range so you can warm up and stay healthy during the winter months when you need it most.

OUTDOOR 2

2

144 x 131 x 196 cm*

230 V / 2,480 W / 11 A

Cedar wood

350 kg

360° heat

Bluetooth / AUX**

Medical grade 96 LED lights chromotherapy

iOS/Android app control**

LIFETIME WARRANTY ON THE COMPONENTS AND HEATERS.

*Outer dimensions WxDxH + 23 cm eaves, bench: 185 cm x 56 cm; **can be deactivated

OUTDOOR 5

- 5
- 210 x 131 x 196 cm*
- 220-240 V / 3,800 W / 16.7 A
- Cedar wood
- 476 kg
- 360° heat
- Bluetooth / AUX**
- Medical grade 96 LED lights chromotherapy
- iOS/Android app control**

5 YEAR WARRANTY ON THE SAUNA CABIN.

Choosing to have your infrared sauna outdoors is easy too.

Our full spectrum Outdoor sauna offers all the luxury of our Sanctuary range, but is designed to be used outdoors all year round. Built with engineered cedar wood, wall insulation, weather resistant windows and roof, the Clearlight Outdoor can withstand the elements. In addition, it is equipped with twice the number of full-spectrum heaters.

*Outer dimensions WxDxH + 23 cm eaves, bench: 185 cm x 56 cm; **can be deactivated

RELAX

ENJOY THE HEALING POWER OF CLEARLIGHT®
INFRARED SAUNAS OUTDOORS

REVITALISE

WITH OUR FULL SPECTRUM OUTDOOR INFRARED SAUNAS

2-person Outdoor sauna cabin with full spectrum infra-red heaters, medical grade chromotherapy and high-quality, weather-resistant Cedartek™. p. 52

DOME

1

71 x 46 x 175 cm*

220 V / dome: 960 W / 4 A
mat: 380 W / 2 A

Maximum comfort

38 kg

360° heat

9 heat settings

Flexible setup

If you have limited space, our Dome model offers just as effective infrared therapy as other Clearlight models:
The portable Dome infrared sauna is one of a kind, offering all the therapeutic benefits you would expect of a Clearlight infrared sauna with the added flexibility. The Dome is unique in the range as it is portable and easy to store away when not in use. We created the Dome sauna with the same uncompromising approach that has underpinned our philosophy for the last 20 years – supporting your wellbeing and happiness.

*Outer dimensions WxDxH, dome: adjustable length up to 175 cm

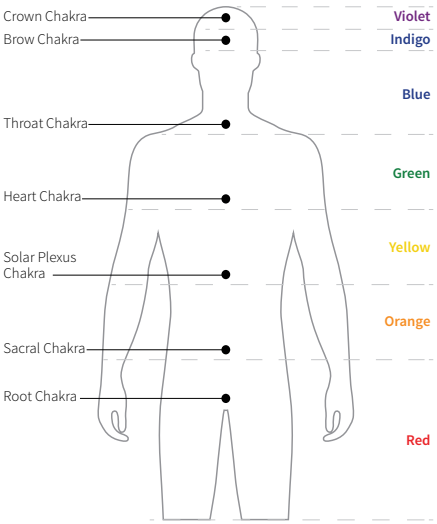
THE PORTABLE SAUNA DOME – EFFECTIVE AND FLEXIBLE

Our Dome model offers just as effective infrared therapy as other Clearlight® models. The dome and the mat can be controlled separately. Enjoy the full therapeutic comfort – even in a small space.

1. App Control (Sanctuary): control your sauna remotely from anywhere
2. Medical grade chromotherapy
3. Indirect reading light (Premier)
4. Door handle integrated tablet holder
5. High-quality music system
6. Aesthetically integrated design elements and lighting accents (Sanctuary)
7. Highly effective full spectrum infrared heaters
8. Innovative reversible ergonomic flat bench (Premier and Sanctuary)

ATTENTION TO DETAIL

HEALING WITH COLOUR



VIOLET purifies our thoughts and feelings giving us inspiration in all undertakings. The violet energy connects us to our spiritual self, bringing guidance, wisdom and inner strength, and enhances artistic talent and creativity.

BLUE light connects us to holistic thoughts, and gives us wisdom and clarity enhancing communication and speech. Relaxing, soothing blue rays bring a great calm and peace of mind to those who are worried, or in an excited nervous state.

GREEN is the universal healing colour. It is midway in the colour spectrum and contains both a physical nature and a spiritual nature in equal balance and in equal harmony. It can help relax muscles, nerves and thoughts. Green cleanses and balances our energy to give a feeling of renewal, peace and harmony.

YELLOW helps awaken mental inspiration arousing a higher mentality. Thus, it is an excellent colour for nervous or nerve-related conditions or ailments. Providing clarity of thought, increasing awareness, stimulating interest and curiosity, yellow energy is related to the ability to perceive or understand – it connects us to our mental self.

ORANGE has a freeing action upon the mind, relieving repression. Because orange is a blend of red and yellow, it combines physical energy with mental wisdom. Through orange, we are able to heal the physical body (red), and at the same time, induce within the mind (yellow) greater understanding. Orange helps assimilate new ideas and is the best emotional stimulant.

RED is called “The Great Energizer” and the first visible colour we see after the infrared band is passed. It promotes cellular growth, stimulates the circulatory system and releases stiffness and constrictions. It stimulates sensory nerves such as hearing, taste, smell, and activates metabolism.

ADD-ONS

Each of our sauna cabins provides comfort and the highest effectiveness.
If you wish, your cabin may be equipped with the following add-ons:

Medical grade 96 LED lights chromotherapy

Upgrade your Premier or Essential sauna to our powerful medical grade chromotherapy using 96 LED lights with an array of 12 colours. Reap the benefits of each individual colour and the high intensity output of light. You can adjust the LEDs with a remote dimmer switch, set an individual colour or select „Auto“ mode that will automatically switch between colours every 25 seconds. In our Sanctuary saunas, medical grade chromotherapy is already pre-installed.

True Wave™ full spectrum infrared heaters

Transform your Premier or Essential sauna into a full spectrum infrared sauna. Add an additional 300 watt full spectrum heater to your sauna and benefit from the advantages of the entire infrared spectrum. It is mounted on the interior of the door, plugs conveniently into a socket already built into your sauna and can be controlled separately via the pre-installed control panel.

Ergonomic backrest

All our ranges accommodate a removable cedarwood backrest for added comfort and support during your sauna session. However, if you use your cabin with several people at the same time, we recommend to purchase an additional backrest. Use your backrest to sit comfortably against the side wall with your legs resting on the bench. Since you are surrounded by panel emitters, you have maximum flexibility choosing your sitting position, without losing effect.

STRONGER. NOT HEAVIER.

Given today's advancements in manufacturing, smaller amounts of material evenly distributed can yield stronger structures by applying smarter design processes.

Clearlight® saunas are not only made with superior craftsmanship, but they look great too! Made from the finest Western Red Canadian Cedar or Nordic Spruce, your Clearlight® sauna is furniture quality finished and will enhance the look of any room.
Clearlight® saunas were designed with your health and well-being as our highest consideration. As a wellness company with over 20 years of experience in the infrared sauna industry we only use non-toxic materials in our saunas. We adhere to the highest manufacturing standards.

Every Clearlight® sauna model is hand sanded and the wood panels are color matched. From the wood press in our factory through the final stages of packaging, Clearlight® infrared saunas are beautifully crafted and built to last. We start with the highest-grade materials, and adhere to the highest standards of design, manufacturing and assembly.
We have designed and built our saunas to be free of any harmful VOCs (Volatile Organic Compounds.) To verify this, we regularly utilize third party labs to perform rigorous VOC testing. We use only non-toxic glues and varnishes that are water-based, making our saunas ideal for people who are chemically sensitive. The ingredients of our glues are so safe that they are also used for the production of chewing gum.

There are no finer infrared saunas on the market today and our quality, attention to detail and superior customer service are second to none – guaranteed!

USED WOOD

CEDAR WOOD

Infrared saunas are typically constructed with cedar and the Western Red Canadian Cedar is one of the most quality, benefit-rich types of wood. The processing of cedar wood releases natural essential oils that seal the pores of the wood. As a result, no liquid, such as sweat, can penetrate deeper into the wood. Western Red Canadian Cedar is also naturally anti-bacterial and anti-fungal. These sauna cabins are therefore particularly suitable for detoxification and commercial use.

NORDIC SPRUCE

The wood of the Nordic spruce is just as ideal for sauna cabins. The beautifully light-coloured spruce wood we use for our Essential models is 99% hypoallergenic, making it a great option for those with chemical sensitivities.

OUR SAFETY GUARANTEE

All Clearlight® brand saunas are rigorously tested and certified for product safety. Your health is our number one concern.

ECO CERTIFIED WOOD

All woods we use are ecologically certified and sustainably grown. At Clearlight®, our philosophy for healthy living extends beyond the human body. We believe that by keeping our environment healthy there are fewer toxins in the air and water and that means fewer toxins for your body to absorb. We are here to help you stay healthy and, at the same time, ensure a healthy planet.

ETL AND ETL-C SAFETY CERTIFIED

Electrical Testing Laboratories (ETL) has certified products for more than 100 years and is one of the oldest product safety testing laboratories in the world. Certification by ETL and ETL-C assures you that all Clearlight® sauna models have been tested to meet both US and Canadian safety and performance standards. We safety certify the entire sauna to ensure a lifetime of safe use.

CE SAFETY CERTIFIED

The CE safety certification is a standard for the European Union (EU) and a CE mark is a requirement for products sold in Europe. The CE mark identifies a product as complying with the health and safety requirements spelled out in European legislation and is mandatory for equipment operating in the EU.

CLEARLIGHT® SAUNA QUALITY FEATURES

- Safe infrared therapy
- Tounge and groove cedar or spruce wood inside and out
- Water-based, non-toxic glues
- Tempered safety glass
- Lifetime warranty on all sauna components

WORD GETS AROUND – THE CLEARLIGHT® EDGE:

Lifetime warranty

Virtually zero EMF

Full spectrum infrared heaters

Innovative design

Unique hybrid carbon/ceramic heaters

Eco-certified, sustainable wood

We safely deliver to your place — throughout Europe and the world!

We offer free shipping to mainland UK and many other countries.

IMPRINT

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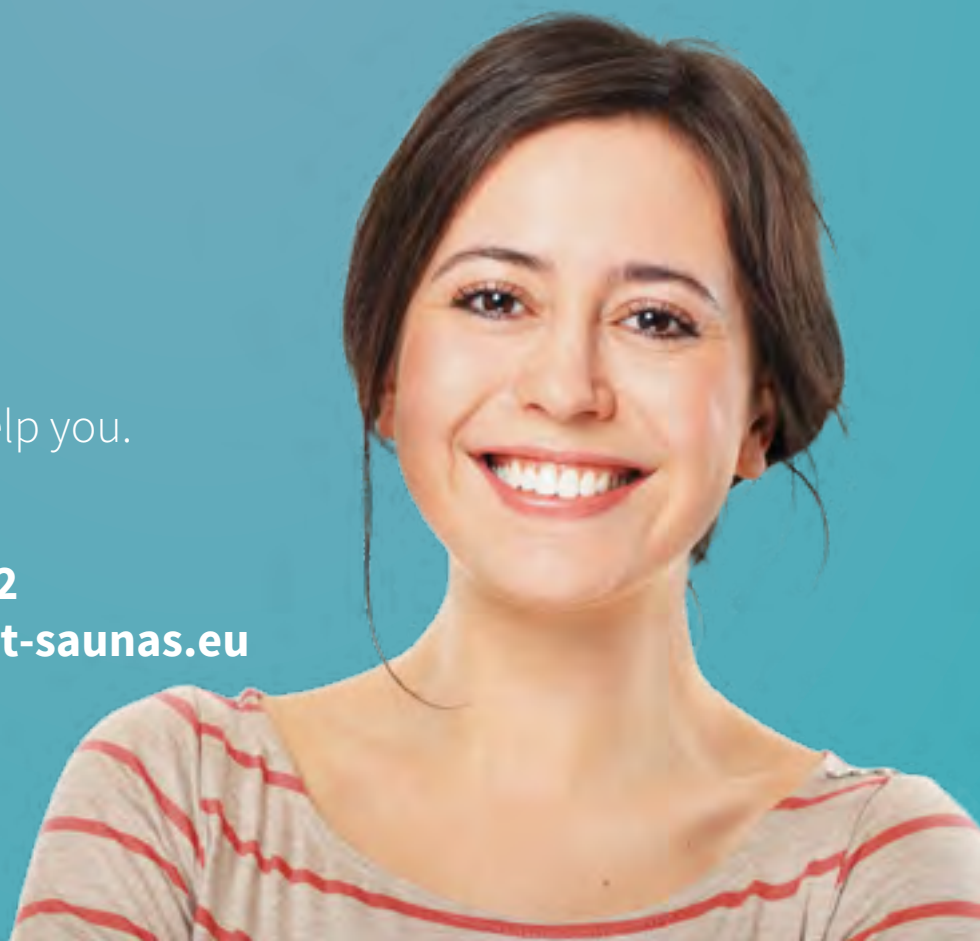
»WE ADORE OUR CLEARLIGHT SAUNA, NOTHING IS BETTER THAN AT THE END OF THE DAY, TO SPEND 30 MINUTES IN IT. IT REALLY REJUVENATES US. THE ENTIRE CUSTOMER SERVICE, FROM ORDERING, TO AN EXTREMELY WELL PACKAGED DELIVERY, AND THE CLEAR ASSEMBLY INSTRUCTIONS, MADE IT A FAULTLESS EXPERIENCE. THE SAUNA FINISH WHEN ASSEMBLED WAS BEYOND OUR EXPECTATIONS.«

— **MICHAEL (UK)**



Get in touch!

Our experts are here to help you.

Ask us anything.

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Email: **kenny@clearlight-saunas.eu**

Clearlight

INFRARED™ SAUNAS
RELAX · REVITALISE

We stand for innovation & durability

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